

A FREE Construction 'Working Well Together' Event for small companies and others

MENTAL HEALTH RISKS



featuring
HSE Working Minds 2022

Wednesday 18th May 2022, 08.30 – 12.30

Registration and (free) breakfast rolls from 08.00



Walsall FC, Banks's Stadium, Bescot Crescent, Walsall. WS1 4SA

- Mental Health is the **NUMBER ONE** Reason cited for sick days in the UK and it's on the rise
- Learn about ways to prevent work related stress and encourage good mental health in your business.
 - Presentations - talks from experts
 - A chance to network and share problems and solutions with others
 - Helping you / your business to continuously improve



To book your **FREE** place go to Eventbrite
<https://www.eventbrite.co.uk/e/mental-health-risks-tickets-295162467887>

Venue: Walsall FC, Banks's Stadium



Sat Nav: WS1 4SA

By Car (from the North or South)

Leave the M6 at Junction 9 and take the A461 towards Walsall. Bear right on the A4148 (Wallows Lane) and turn right at the second set of traffic lights. You will see the ground on your left.

Car Parking

There is free car parking at the Banks's Stadium for over 1200 cars. The car park is monitored by 24 hour CCTV.

By Rail

Banks's Stadium is served by its own railway station. Bescot Stadium Railway Station is only a few minutes walk from the ground. Trains run from Birmingham New Street with a journey time of around 20 minutes.

Programme to include:

- Welcome - *BHSEA / Construction Chair*
- Mental Health Introduction - *Health and Safety Executive*
- Overview of the principles of ISO 45003 and how this translates into the workplace – Pinsent Masons
- Good Practice - Talks / Presentations / Demonstrations - from specialists in their field:
 - How to build a strategy around wellbeing and good mental health
 - What support services can you engage with right now
 - Evidence of wellbeing in action and its impact in the workplace
 - FMB support for SMEs

Questions and comments including feedback / attendance certificate

Supported by

