

WELLBEING IN THE WORKPLACE MATTERS

£2.5bn per year

The cost of loneliness to UK employers1

1 in 6 workers

experience a mental health problem at any time²

£56bn last year

A record cost to UK employers³

3 in 10 (28%)

of UK business leaders are making employee mental health their number one priority4

£5 for every £1 spent

Average return for employers investing in wellbeing of employees⁵

Source: ¹ People Management 2022 ²HM Government 2021 ³ Deloitte 2022 ⁴HR

News 2021 ⁵Deloitte 2022.





NESCAFÉ. NEW DATA' REVEALS HALF OF CONSTRUCTION WORKERS FEEL LONELY AT WORK

Said having more Said they have opportunities to talk to **79%** felt lonely in colleagues around coffee breaks would make them the workplace feel less lonely Agree they look Said that getting together for a coffee forward to a 94% 99% coffee break break is important with colleagues for team morale

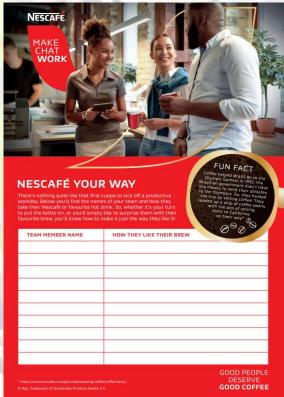
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